

101 QUESTIONS TO ASK BEFORE YOU GET ENGAGED

101 QUESTIONS TO ASK BEFORE YOU GET ENGAGED ARE ESSENTIAL FOR COUPLES TO EXPLORE DEEP CONVERSATIONS AND ENSURE COMPATIBILITY BEFORE MAKING A LIFELONG COMMITMENT. ENGAGEMENT IS A SIGNIFICANT MILESTONE THAT REQUIRES CLARITY ON VARIOUS ASPECTS OF LIFE, BELIEFS, AND EXPECTATIONS. THIS COMPREHENSIVE GUIDE COVERS CRITICAL QUESTIONS ACROSS DIVERSE TOPICS SUCH AS VALUES, FINANCES, FAMILY PLANNING, LIFESTYLE PREFERENCES, AND CONFLICT RESOLUTION. UNDERSTANDING EACH OTHER THOROUGHLY HELPS BUILD A STRONG FOUNDATION FOR MARRIAGE AND REDUCES POTENTIAL MISUNDERSTANDINGS. THESE 101 QUESTIONS TO ASK BEFORE YOU GET ENGAGED ALSO ENCOURAGE COUPLES TO COMMUNICATE OPENLY AND HONESTLY. THE FOLLOWING TABLE OF CONTENTS OUTLINES THE MAIN AREAS TO CONSIDER BEFORE TAKING THE NEXT STEP IN YOUR RELATIONSHIP.

- CORE VALUES AND BELIEFS
- FINANCIAL COMPATIBILITY
- FAMILY PLANNING AND PARENTING
- LIFESTYLE AND DAILY HABITS
- CAREER AND AMBITIONS
- COMMUNICATION AND CONFLICT RESOLUTION
- RELATIONSHIP EXPECTATIONS AND BOUNDARIES
- SOCIAL LIFE AND FRIENDSHIPS
- HEALTH AND WELLNESS
- FUTURE GOALS AND DREAMS

CORE VALUES AND BELIEFS

UNDERSTANDING EACH OTHER'S CORE VALUES AND BELIEFS IS CRUCIAL FOR LONG-TERM COMPATIBILITY. THESE QUESTIONS HELP UNCOVER FUNDAMENTAL PRINCIPLES THAT GUIDE BEHAVIOR AND DECISION-MAKING IN A RELATIONSHIP.

PERSONAL VALUES

DISCUSSING PERSONAL VALUES ENSURES ALIGNMENT IN IMPORTANT LIFE AREAS. THESE QUESTIONS REVEAL WHAT EACH PARTNER PRIORITIZES AND CHERISHES.

- WHAT ARE YOUR MOST IMPORTANT PERSONAL VALUES?
- HOW DO YOU DEFINE SUCCESS IN LIFE?
- WHAT ROLE DOES SPIRITUALITY OR RELIGION PLAY IN YOUR LIFE?
- HOW DO YOU APPROACH HONESTY AND INTEGRITY?

- WHAT ARE YOUR THOUGHTS ON FORGIVENESS AND TRUST?

BELIEFS ABOUT MARRIAGE

EXPLORING BELIEFS ABOUT MARRIAGE SETS CLEAR EXPECTATIONS FOR THE COMMITMENT. THESE QUESTIONS CLARIFY INTENTIONS AND PERSPECTIVES ON THE INSTITUTION.

- WHAT DOES MARRIAGE MEAN TO YOU?
- DO YOU BELIEVE IN TRADITIONAL OR MODERN ROLES IN MARRIAGE?
- HOW IMPORTANT IS MARRIAGE TO YOUR PERSONAL IDENTITY?
- WHAT ARE YOUR EXPECTATIONS FOR A SUCCESSFUL MARRIAGE?
- HOW DO YOU VIEW THE ROLE OF COMPROMISE IN MARRIAGE?

FINANCIAL COMPATIBILITY

FINANCIAL MATTERS ARE A LEADING CAUSE OF CONFLICT IN RELATIONSHIPS. ADDRESSING MONEY-RELATED TOPICS PRIOR TO ENGAGEMENT PROMOTES TRANSPARENCY AND MUTUAL UNDERSTANDING.

ATTITUDES TOWARD MONEY

DISCUSSING ATTITUDES TOWARD MONEY REVEALS SPENDING HABITS, SAVING PRIORITIES, AND FINANCIAL GOALS.

- HOW DO YOU MANAGE YOUR PERSONAL FINANCES?
- WHAT IS YOUR APPROACH TO BUDGETING AND SAVING?
- DO YOU BELIEVE IN JOINT OR SEPARATE BANK ACCOUNTS?
- HOW DO YOU HANDLE DEBT?
- WHAT ARE YOUR FINANCIAL GOALS FOR THE NEXT FIVE YEARS?

FINANCIAL RESPONSIBILITIES

CLARIFYING FINANCIAL RESPONSIBILITIES ENSURES BOTH PARTNERS AGREE ON MANAGING HOUSEHOLD EXPENSES AND FINANCIAL OBLIGATIONS.

- HOW SHOULD WE SPLIT HOUSEHOLD EXPENSES?
- ARE YOU COMFORTABLE DISCUSSING FINANCES OPENLY?
- WHAT IS YOUR PLAN FOR EMERGENCIES OR UNEXPECTED EXPENSES?
- DO YOU EXPECT TO CONTRIBUTE EQUALLY TO SAVINGS AND INVESTMENTS?
- HOW DO YOU FEEL ABOUT FINANCIAL INDEPENDENCE WITHIN MARRIAGE?

FAMILY PLANNING AND PARENTING

CONVERSATIONS ABOUT FAMILY PLANNING AND PARENTING PREFERENCES ARE ESSENTIAL TO AVOID FUTURE DISAGREEMENTS ON THESE SENSITIVE TOPICS.

CHILDREN

KNOWING EACH OTHER'S DESIRES REGARDING CHILDREN HELPS ALIGN EXPECTATIONS ABOUT FAMILY GROWTH.

- DO YOU WANT TO HAVE CHILDREN? IF SO, HOW MANY?
- WHAT ARE YOUR THOUGHTS ON ADOPTION OR FOSTERING?
- HOW DO YOU ENVISION RAISING CHILDREN?
- WHAT VALUES DO YOU WANT TO INSTILL IN YOUR CHILDREN?
- HOW DO YOU FEEL ABOUT BALANCING WORK AND FAMILY LIFE?

PARENTING STYLES

DISCUSSING PARENTING STYLES HELPS ENSURE HARMONY IN CHILD-REARING APPROACHES.

- WHAT DISCIPLINE METHODS DO YOU BELIEVE IN?
- HOW INVOLVED SHOULD EXTENDED FAMILY BE IN RAISING CHILDREN?
- HOW WOULD YOU HANDLE DIFFERENCES IN PARENTING OPINIONS?
- WHAT ROLE DOES EDUCATION PLAY IN YOUR PARENTING PLAN?
- ARE YOU OPEN TO COUNSELING OR PARENTING CLASSES?

LIFESTYLE AND DAILY HABITS

COMPATIBILITY IN LIFESTYLE AND DAILY HABITS SIGNIFICANTLY AFFECTS RELATIONSHIP SATISFACTION AND COHABITATION SUCCESS.

DAILY ROUTINES

UNDERSTANDING EACH OTHER'S DAILY ROUTINES PROVIDES INSIGHT INTO HOW LIVES CAN BE HARMONIZED.

- WHAT DOES A TYPICAL DAY LOOK LIKE FOR YOU?
- HOW DO YOU PREFER TO SPEND YOUR FREE TIME?
- ARE YOU A MORNING PERSON OR A NIGHT OWL?
- WHAT ARE YOUR HABITS REGARDING CLEANLINESS AND ORGANIZATION?
- HOW IMPORTANT IS PERSONAL SPACE AND ALONE TIME TO YOU?

HOBBIES AND INTERESTS

SHARING HOBBIES AND INTERESTS CAN STRENGTHEN BONDS AND CREATE SHARED EXPERIENCES.

- WHAT HOBBIES ARE MOST IMPORTANT TO YOU?
- HOW MUCH TIME DO YOU WANT TO SPEND ON INDIVIDUAL VS. SHARED ACTIVITIES?
- ARE YOU OPEN TO TRYING NEW ACTIVITIES TOGETHER?
- HOW DO YOU FEEL ABOUT TRAVEL AND ADVENTURE?
- WHAT ROLE DOES FITNESS AND HEALTH PLAY IN YOUR LIFESTYLE?

CAREER AND AMBITIONS

ALIGNING CAREER GOALS AND AMBITIONS ENSURES SUPPORT FOR EACH OTHER'S PROFESSIONAL GROWTH AND LIFE PLANNING.

WORK-LIFE BALANCE

DISCUSSING WORK-LIFE BALANCE PREPARES COUPLES TO MANAGE TIME AND PRIORITIES EFFECTIVELY.

- WHAT ARE YOUR CAREER ASPIRATIONS?
- HOW MUCH DOES YOUR JOB DEFINE YOUR IDENTITY?
- ARE YOU WILLING TO RELOCATE FOR CAREER OPPORTUNITIES?
- HOW DO YOU BALANCE WORK STRESS AND PERSONAL LIFE?
- WHAT ARE YOUR THOUGHTS ON CONTINUING EDUCATION OR SKILL DEVELOPMENT?

SUPPORT AND EXPECTATIONS

UNDERSTANDING HOW TO SUPPORT EACH OTHER'S AMBITIONS CULTIVATES MUTUAL ENCOURAGEMENT AND RESPECT.

- HOW DO YOU EXPECT YOUR PARTNER TO SUPPORT YOUR CAREER?
- ARE YOU COMFORTABLE WITH YOUR PARTNER WORKING LONG HOURS?
- WHAT SACRIFICES ARE YOU WILLING TO MAKE FOR CAREER SUCCESS?
- HOW DO YOU FEEL ABOUT DUAL-INCOME HOUSEHOLDS?
- WHAT ARE YOUR RETIREMENT PLANS OR GOALS?

COMMUNICATION AND CONFLICT RESOLUTION

EFFECTIVE COMMUNICATION AND CONFLICT RESOLUTION STRATEGIES ARE VITAL TO MAINTAINING A HEALTHY RELATIONSHIP.

COMMUNICATION STYLES

IDENTIFYING COMMUNICATION PREFERENCES HELPS AVOID MISUNDERSTANDINGS AND FOSTERS CONNECTION.

- HOW DO YOU PREFER TO COMMUNICATE DURING DISAGREEMENTS?
- ARE YOU COMFORTABLE DISCUSSING EMOTIONS OPENLY?
- WHAT TRIGGERS YOU IN CONVERSATIONS?
- HOW DO YOU EXPRESS LOVE AND APPRECIATION?
- WHAT IS YOUR APPROACH TO ACTIVE LISTENING?

HANDLING CONFLICT

KNOWING HOW EACH PARTNER HANDLES CONFLICT HELPS ESTABLISH CONSTRUCTIVE PROBLEM-SOLVING TECHNIQUES.

- HOW DO YOU TYPICALLY REACT TO CONFLICT?
- WHAT STRATEGIES DO YOU USE TO COOL DOWN DURING ARGUMENTS?
- ARE YOU WILLING TO SEEK COUNSELING IF NEEDED?
- HOW DO YOU APPROACH FORGIVENESS AFTER A DISAGREEMENT?
- WHAT BOUNDARIES DO YOU SET DURING CONFLICTS?

RELATIONSHIP EXPECTATIONS AND BOUNDARIES

CLEAR EXPECTATIONS AND BOUNDARIES CREATE A RESPECTFUL AND BALANCED PARTNERSHIP.

ROLES AND RESPONSIBILITIES

DISCUSSING ROLES CLARIFIES HOW EACH PARTNER CONTRIBUTES TO THE RELATIONSHIP AND HOUSEHOLD.

- WHAT ROLES DO YOU EXPECT EACH PARTNER TO PLAY?
- HOW DO YOU FEEL ABOUT TRADITIONAL VERSUS FLEXIBLE ROLES?
- WHO WILL HANDLE HOUSEHOLD CHORES?
- HOW DO YOU WANT TO MANAGE DECISION-MAKING?
- WHAT ARE YOUR EXPECTATIONS REGARDING INTIMACY?

PERSONAL BOUNDARIES

RESPECTING PERSONAL BOUNDARIES FOSTERS TRUST AND INDIVIDUAL WELL-BEING.

- WHAT BOUNDARIES ARE IMPORTANT FOR YOUR PERSONAL SPACE?
- HOW DO YOU FEEL ABOUT PRIVACY IN A RELATIONSHIP?
- WHAT ARE YOUR VIEWS ON SOCIAL MEDIA AND SHARING RELATIONSHIP DETAILS?
- HOW DO YOU HANDLE FRIENDSHIPS WITH THE OPPOSITE SEX?

- ARE THERE ANY DEAL-BREAKERS OR NON-NEGOTIABLES FOR YOU?

SOCIAL LIFE AND FRIENDSHIPS

COMPATIBILITY IN SOCIAL LIFE AND FRIENDSHIPS SUPPORTS A HARMONIOUS LIFESTYLE AND MUTUAL RESPECT.

SOCIAL PREFERENCES

UNDERSTANDING SOCIAL PREFERENCES HELPS BALANCE TIME SPENT TOGETHER AND APART.

- HOW OFTEN DO YOU LIKE TO SOCIALIZE?
- WHAT TYPES OF SOCIAL ACTIVITIES DO YOU ENJOY?
- DO YOU PREFER LARGE GATHERINGS OR INTIMATE SETTINGS?
- HOW DO YOU FEEL ABOUT SPENDING TIME WITH YOUR PARTNER'S FRIENDS?
- WHAT ROLE DOES SOCIALIZING PLAY IN YOUR HAPPINESS?

FRIENDSHIPS

DISCUSSING FRIENDSHIPS ENSURES MUTUAL RESPECT AND TRUST IN SOCIAL CONNECTIONS.

- HOW IMPORTANT ARE YOUR FRIENDSHIPS?
- ARE YOU COMFORTABLE WITH YOUR PARTNER MAINTAINING CLOSE FRIENDSHIPS?
- HOW DO YOU HANDLE CONFLICTS INVOLVING FRIENDS?
- WHAT BOUNDARIES DO YOU EXPECT AROUND OPPOSITE-SEX FRIENDSHIPS?
- HOW DO YOU SUPPORT EACH OTHER'S SOCIAL LIVES?

HEALTH AND WELLNESS

HEALTH AND WELLNESS CONSIDERATIONS IMPACT LONG-TERM COMPATIBILITY AND QUALITY OF LIFE.

PHYSICAL HEALTH

DISCUSSING PHYSICAL HEALTH PROMOTES TRANSPARENCY AND SHARED RESPONSIBILITY.

- DO YOU HAVE ANY HEALTH CONCERNS OR CONDITIONS?
- HOW DO YOU PRIORITIZE PHYSICAL FITNESS?
- WHAT ARE YOUR HABITS REGARDING DIET AND NUTRITION?
- HOW DO YOU HANDLE MEDICAL EMERGENCIES?
- ARE YOU OPEN TO LIFESTYLE CHANGES FOR HEALTH REASONS?

MENTAL AND EMOTIONAL WELLNESS

MENTAL HEALTH DISCUSSIONS FOSTER UNDERSTANDING AND SUPPORT WITHIN THE RELATIONSHIP.

- HOW DO YOU MANAGE STRESS AND ANXIETY?
- ARE YOU OPEN TO SEEKING THERAPY OR COUNSELING?
- WHAT ROLE DOES EMOTIONAL SUPPORT PLAY FOR YOU?
- HOW DO YOU COPE WITH DIFFICULT EMOTIONS?
- WHAT ARE YOUR EXPECTATIONS REGARDING MENTAL HEALTH AWARENESS?

FUTURE GOALS AND DREAMS

ALIGNING FUTURE GOALS AND DREAMS IS ESSENTIAL FOR A SHARED VISION OF LIFE TOGETHER.

SHORT-TERM GOALS

DISCUSSING SHORT-TERM GOALS HELPS COORDINATE IMMEDIATE PLANS AND ASPIRATIONS.

- WHAT ARE YOUR GOALS FOR THE NEXT YEAR?
- HOW DO YOU PLAN TO ACHIEVE THESE GOALS?
- ARE THERE ANY MAJOR LIFE CHANGES YOU ANTICIPATE?
- HOW DO YOU WANT TO CELEBRATE MILESTONES TOGETHER?

- **WHAT IS YOUR APPROACH TO SAVING FOR SHORT-TERM GOALS?**

LONG-TERM DREAMS

SHARING LONG-TERM DREAMS ENSURES BOTH PARTNERS WORK TOWARDS A COMPATIBLE FUTURE.

- **WHERE DO YOU SEE YOURSELF IN 10 YEARS?**
- **WHAT KIND OF LIFESTYLE DO YOU ENVISION?**
- **HOW IMPORTANT IS TRAVEL OR RELOCATION IN YOUR FUTURE?**
- **WHAT LEGACY DO YOU WANT TO LEAVE?**
- **HOW DO YOU WANT TO GROW AS A COUPLE OVER TIME?**

FREQUENTLY ASKED QUESTIONS

WHY IS IT IMPORTANT TO ASK QUESTIONS BEFORE GETTING ENGAGED?

ASKING QUESTIONS BEFORE GETTING ENGAGED HELPS COUPLES UNDERSTAND EACH OTHER'S VALUES, GOALS, AND EXPECTATIONS, ENSURING THEY ARE COMPATIBLE AND PREPARED FOR A LIFELONG COMMITMENT.

WHAT ARE SOME KEY TOPICS TO COVER IN THE 101 QUESTIONS BEFORE ENGAGEMENT?

KEY TOPICS INCLUDE COMMUNICATION STYLES, FINANCIAL HABITS, FAMILY PLANNING, CAREER GOALS, RELIGIOUS BELIEFS, CONFLICT RESOLUTION, AND VIEWS ON MARRIAGE ROLES.

HOW CAN DISCUSSING FINANCES BEFORE ENGAGEMENT BENEFIT A COUPLE?

DISCUSSING FINANCES HELPS COUPLES ALIGN THEIR SPENDING, SAVING, AND DEBT MANAGEMENT STRATEGIES, REDUCING FUTURE CONFLICTS AND BUILDING FINANCIAL TRUST.

IS IT NECESSARY TO ASK ABOUT FAMILY BACKGROUND BEFORE ENGAGEMENT?

YES, UNDERSTANDING EACH OTHER'S FAMILY DYNAMICS AND BACKGROUND CAN PROVIDE INSIGHT INTO VALUES, TRADITIONS, AND POTENTIAL CHALLENGES IN YOUR RELATIONSHIP.

WHAT QUESTIONS SHOULD BE ASKED ABOUT FUTURE FAMILY PLANNING?

COUPLES SHOULD DISCUSS DESIRES FOR CHILDREN, PARENTING STYLES, TIMING, AND HOW TO HANDLE POTENTIAL FERTILITY ISSUES TO ENSURE MUTUAL UNDERSTANDING.

HOW DO QUESTIONS ABOUT COMMUNICATION IMPROVE RELATIONSHIPS BEFORE

ENGAGEMENT?

THEY HELP IDENTIFY EACH PARTNER'S COMMUNICATION PREFERENCES AND CONFLICT RESOLUTION METHODS, FOSTERING HEALTHIER INTERACTIONS AND AVOIDING MISUNDERSTANDINGS.

SHOULD COUPLES TALK ABOUT CAREER GOALS BEFORE GETTING ENGAGED?

ABSOLUTELY, DISCUSSING CAREER AMBITIONS AND POTENTIAL RELOCATIONS ENSURES BOTH PARTNERS SUPPORT EACH OTHER'S PROFESSIONAL GROWTH AND CAN PLAN THEIR FUTURE ACCORDINGLY.

WHAT ROLE DO QUESTIONS ABOUT VALUES AND BELIEFS PLAY BEFORE ENGAGEMENT?

THEY HELP ENSURE ALIGNMENT ON FUNDAMENTAL ASPECTS LIKE RELIGION, ETHICS, AND LIFE PRIORITIES, WHICH ARE CRUCIAL FOR A HARMONIOUS PARTNERSHIP.

HOW CAN ASKING ABOUT EXPECTATIONS FOR MARRIAGE ROLES PREVENT FUTURE CONFLICTS?

CLARIFYING EXPECTATIONS ABOUT HOUSEHOLD RESPONSIBILITIES, DECISION-MAKING, AND GENDER ROLES SETS A CLEAR UNDERSTANDING AND PREVENTS RESENTMENT LATER ON.

ARE THERE QUESTIONS ABOUT PERSONAL HABITS THAT COUPLES SHOULD DISCUSS BEFORE ENGAGEMENT?

YES, DISCUSSING HABITS SUCH AS LIFESTYLE CHOICES, HEALTH, SOCIAL ACTIVITIES, AND PERSONAL BOUNDARIES CAN HELP COUPLES ANTICIPATE COMPATIBILITY AND RESPECT EACH OTHER'S NEEDS.

ADDITIONAL RESOURCES

1. *"THE 5 LOVE LANGUAGES: THE SECRET TO LOVE THAT LASTS"* BY GARY CHAPMAN

THIS BOOK EXPLORES THE DIFFERENT WAYS PEOPLE EXPRESS AND RECEIVE LOVE THROUGH FIVE DISTINCT LOVE LANGUAGES. UNDERSTANDING THESE LANGUAGES HELPS COUPLES COMMUNICATE BETTER AND BUILD STRONGER RELATIONSHIPS. IT'S A VALUABLE RESOURCE FOR ANYONE PREPARING FOR ENGAGEMENT OR MARRIAGE, OFFERING PRACTICAL ADVICE TO DEEPEN EMOTIONAL CONNECTION.

2. *"HOLD ME TIGHT: SEVEN CONVERSATIONS FOR A LIFETIME OF LOVE"* BY DR. SUE JOHNSON

DR. SUE JOHNSON PRESENTS A GROUNDBREAKING APPROACH TO RELATIONSHIPS BASED ON EMOTIONALLY FOCUSED THERAPY (EFT). THE BOOK GUIDES COUPLES THROUGH SEVEN TRANSFORMATIVE CONVERSATIONS THAT FOSTER INTIMACY AND SECURE BONDING. IT'S AN ESSENTIAL READ FOR COUPLES SEEKING TO STRENGTHEN THEIR EMOTIONAL BOND BEFORE COMMITTING TO ENGAGEMENT.

3. *"THE MEANING OF MARRIAGE: FACING THE COMPLEXITIES OF COMMITMENT WITH THE WISDOM OF GOD"* BY TIMOTHY KELLER

THIS INSIGHTFUL BOOK PROVIDES A THOUGHTFUL EXPLORATION OF MARRIAGE, BLENDING BIBLICAL WISDOM WITH PRACTICAL ADVICE. TIMOTHY KELLER ADDRESSES COMMON CHALLENGES AND EXPECTATIONS, HELPING COUPLES PREPARE MENTALLY AND SPIRITUALLY FOR A LIFELONG COMMITMENT. IT'S PERFECT FOR THOSE LOOKING TO DEEPEN THEIR UNDERSTANDING OF MARRIAGE BEFORE ENGAGEMENT.

4. *"ATTACHED: THE NEW SCIENCE OF ADULT ATTACHMENT AND HOW IT CAN HELP YOU FIND - AND KEEP - LOVE"* BY AMIR LEVINE AND RACHEL HELLER

"ATTACHED" DIVES INTO THE SCIENCE OF ATTACHMENT THEORY AND HOW IT IMPACTS ROMANTIC RELATIONSHIPS. THE AUTHORS EXPLAIN DIFFERENT ATTACHMENT STYLES AND OFFER STRATEGIES FOR BUILDING SECURE, LASTING PARTNERSHIPS. THIS KNOWLEDGE IS CRUCIAL FOR COUPLES TO EVALUATE COMPATIBILITY AND EMOTIONAL NEEDS PRIOR TO ENGAGEMENT.

5. *"BEFORE YOU SAY 'I DO': A MARRIAGE PREPARATION GUIDE FOR COUPLES"* BY H. NORMAN WRIGHT

THIS PRACTICAL GUIDE ENCOURAGES COUPLES TO DISCUSS IMPORTANT TOPICS BEFORE MARRIAGE, INCLUDING FINANCES,

INTIMACY, AND FAMILY DYNAMICS. H. NORMAN WRIGHT PROVIDES EXERCISES AND CONVERSATION STARTERS TO HELP COUPLES NAVIGATE POTENTIAL CHALLENGES. IT'S AN EXCELLENT TOOL FOR THOSE WANTING TO ENSURE THEY'RE TRULY READY TO TAKE THE NEXT STEP.

6. *"LOVE SENSE: THE REVOLUTIONARY NEW SCIENCE OF ROMANTIC RELATIONSHIPS"* BY DR. SUE JOHNSON
IN "LOVE SENSE," DR. SUE JOHNSON COMBINES SCIENTIFIC RESEARCH WITH REAL-LIFE STORIES TO EXPLAIN HOW LOVE WORKS AND WHY IT'S ESSENTIAL FOR SURVIVAL. THE BOOK OFFERS INSIGHTS INTO CREATING LASTING EMOTIONAL BONDS AND RESOLVING CONFLICTS. IT'S IDEAL FOR COUPLES WHO WANT TO UNDERSTAND THE EMOTIONAL MECHANICS BEHIND SUCCESSFUL PARTNERSHIPS BEFORE ENGAGEMENT.

7. *"MATING IN CAPTIVITY: UNLOCKING EROTIC INTELLIGENCE"* BY ESTHER PEREL
ESTHER PEREL EXPLORES THE COMPLEX RELATIONSHIP BETWEEN INTIMACY AND DESIRE IN LONG-TERM RELATIONSHIPS. SHE OFFERS FRESH PERSPECTIVES ON MAINTAINING PASSION AND EXCITEMENT WHILE BUILDING A COMMITTED PARTNERSHIP. THIS BOOK IS PARTICULARLY USEFUL FOR COUPLES PREPARING TO ENGAGE WHO WANT TO SUSTAIN BOTH LOVE AND DESIRE.

8. *"THE SEVEN PRINCIPLES FOR MAKING MARRIAGE WORK"* BY JOHN GOTTMAN AND NAN SILVER
BASED ON EXTENSIVE RESEARCH, THIS BOOK OUTLINES SEVEN KEY PRINCIPLES THAT CONTRIBUTE TO SUCCESSFUL MARRIAGES. JOHN GOTTMAN PROVIDES PRACTICAL ADVICE AND EXERCISES TO IMPROVE COMMUNICATION, RESOLVE CONFLICTS, AND ENHANCE INTIMACY. COUPLES CAN BENEFIT FROM THIS RESOURCE BY ADDRESSING POTENTIAL ISSUES AND BUILDING A STRONG FOUNDATION BEFORE ENGAGEMENT.

9. *"COMMITTED: A SKEPTIC MAKES PEACE WITH MARRIAGE"* BY ELIZABETH GILBERT
ELIZABETH GILBERT SHARES HER PERSONAL JOURNEY AND REFLECTIONS ON THE INSTITUTION OF MARRIAGE, BLENDING MEMOIR WITH CULTURAL ANALYSIS. THE BOOK OFFERS A CANDID, THOUGHTFUL PERSPECTIVE ON COMMITMENT, LOVE, AND PARTNERSHIP. IT'S A COMPELLING READ FOR THOSE QUESTIONING THEIR READINESS FOR ENGAGEMENT AND SEEKING DEEPER UNDERSTANDING OF LIFELONG COMMITMENT.

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