

2 volume set rehabilitation of the hand and upper extremity 2 volume set expert consult online and print 6e

2 volume set rehabilitation of the hand and upper extremity 2 volume set expert consult online and print 6e is a comprehensive resource that serves as an essential guide for healthcare professionals involved in the rehabilitation of hand and upper extremity injuries. This extensive two-volume set provides in-depth knowledge and practical insights, making it an invaluable asset for occupational therapists, physical therapists, and rehabilitation specialists. The latest edition, the 6th edition, comes with updated content and access to online resources, ensuring that practitioners are equipped with the most current information and techniques in the field.

Overview of the 2 Volume Set

The "Rehabilitation of the Hand and Upper Extremity" is recognized as a definitive reference in hand therapy and rehabilitation. The 6th edition has been meticulously updated to reflect advances in the field, integrating research and clinical practice. This two-volume set covers a wide range of topics, including anatomy, pathology, surgical techniques, and rehabilitation protocols.

Key Features of the 6th Edition

The 6th edition of this two-volume set includes several key features that enhance its usability and relevance:

- **Expert Consult Access:** Subscribers gain access to an online platform that includes additional resources, videos, and case studies.
- **Illustrative Content:** High-quality images, diagrams, and illustrations enhance understanding of complex concepts.
- **Evidence-Based Practice:** The text is grounded in the latest research, providing practitioners with evidence-based guidelines for effective rehabilitation.
- **Comprehensive Topics:** The volumes cover a variety of conditions, treatment strategies, and rehabilitation techniques.
- **Contributions from Experts:** The book features contributions from leading

experts in hand therapy and rehabilitation.

Content Breakdown

The two-volume set is systematically organized into sections that facilitate easy navigation through topics relevant to hand and upper extremity rehabilitation.

Volume 1: Anatomy and Assessment

Volume 1 focuses on the anatomical structures of the hand and upper extremity, along with assessment techniques. Key areas of discussion include:

- **Basic Anatomy:** Detailed descriptions of bones, muscles, tendons, and nerves.
- **Functional Anatomy:** Examination of how anatomical structures relate to functional movements.
- **Assessment Techniques:** Overview of evaluation methods, including range of motion, strength testing, and neurological assessments.

Volume 2: Rehabilitation Techniques and Protocols

Volume 2 delves into the rehabilitation techniques and protocols necessary for effective treatment. It covers:

- **Post-Surgical Rehabilitation:** Protocols for rehabilitation following surgical interventions, including tendon repairs and fractures.
- **Conservative Management:** Non-surgical approaches for treating various conditions such as carpal tunnel syndrome and tendonitis.
- **Therapeutic Modalities:** Discussion of modalities such as ultrasound, electrical stimulation, and heat therapy.
- **Custom Orthotic Fabrication:** Guidelines for designing and fabricating orthoses to support rehabilitation.

Importance of Rehabilitation

Rehabilitation of the hand and upper extremity is crucial for restoring function and improving the quality of life for individuals with injuries or conditions affecting these areas. The 2 volume set provides practitioners with the necessary tools and knowledge to facilitate recovery.

Benefits of Comprehensive Rehabilitation

Engaging in a comprehensive rehabilitation program offers numerous benefits:

1. **Enhanced Recovery:** Effective rehabilitation accelerates recovery time and improves functional outcomes.
2. **Injury Prevention:** Proper rehabilitation can help prevent re-injury and promote long-term health.
3. **Improved Mobility:** Rehabilitation exercises and techniques increase range of motion and reduce stiffness.
4. **Pain Management:** Therapeutic modalities used in rehabilitation can alleviate pain and discomfort.
5. **Patient Education:** Educating patients about their conditions and rehabilitation process empowers them to take an active role in their recovery.

Target Audience

The "Rehabilitation of the Hand and Upper Extremity" 2 volume set is designed for a diverse audience, including:

- **Occupational Therapists:** Professionals specializing in rehabilitation and functional recovery.
- **Physical Therapists:** Practitioners focusing on movement and rehabilitation techniques.
- **Surgeons:** Hand and upper extremity surgeons seeking an evidence-based resource for postoperative care.
- **Students:** Graduate students in occupational and physical therapy

programs.

- **Researchers:** Individuals conducting research in hand therapy and rehabilitation.

Conclusion

In conclusion, the **2 volume set rehabilitation of the hand and upper extremity 2 volume set expert consult online and print 6e** serves as an indispensable resource for anyone involved in the rehabilitation of hand and upper extremity injuries. With its comprehensive coverage of anatomy, assessment, and rehabilitation techniques, this set empowers healthcare professionals to provide the highest quality of care. The integration of the latest research, expert contributions, and online resources ensures that practitioners are well-equipped to handle the complexities of hand rehabilitation. Whether you are a seasoned professional or a student, this two-volume set is a must-have for your library.

Frequently Asked Questions

What are the key updates in the 6th edition of 'Rehabilitation of the Hand and Upper Extremity'?

The 6th edition includes the latest evidence-based practices, updated surgical techniques, and new chapters on current rehabilitation protocols, reflecting advancements in hand and upper extremity care.

Is the Expert Consult feature included in the 2 volume set beneficial for practitioners?

Yes, the Expert Consult feature provides interactive online access to additional resources, videos, and case studies, enhancing the learning experience for both students and practitioners.

Who are the primary authors or contributors to this 2 volume set?

The set is authored by leading experts in hand therapy and surgery, including Dr. Terri M. Skirven, Dr. A. Lee Osterman, and Dr. Jane F. H. O'Brien, ensuring authoritative and comprehensive content.

How does this 2 volume set support the rehabilitation process after upper extremity injuries?

The set provides detailed guidelines on assessment, treatment planning, and rehabilitation techniques tailored to various upper extremity injuries, helping clinicians deliver effective patient care.

Can students and new practitioners benefit from this 2 volume set?

Absolutely. The comprehensive nature of the content, along with its practical insights and case examples, makes it an invaluable resource for students and new practitioners seeking to build their knowledge in hand rehabilitation.

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